

Reducing food waste

UK households throw away around 6.6 million tonnes of food waste a year. 70% of this, worth nearly £14 billion, is perfectly edible food - enough to fill Wembley Stadium eight times over. It's estimated that the average family with children could save up to £60 a month by reducing their avoidable food waste.¹

Food waste also impacts climate change. Greenhouse gas emissions associated with UK food waste are the equivalent of those produced by 10 million cars.²

What can we do?

Each summer, Transition Woodbridge members collect unwanted fruit from local gardens & orchards and redistribute it to several church lunch clubs, the Salvation Army, Helping Hands and Families in Need. If you have surplus fruit or vegetables, or are involved in a local scheme that could use this food, please get in touch with us.

Both [Love Food Hate Waste](#) and [Food Savvy](#) provide useful tips and advice on how to reduce your food waste, including:

- recipe ideas
- improving shopping habits
- food storage
- creating meal plans
- using up leftovers



Head to their websites for more information.

[Too Good To Go](#) is an app which allows you to rescue unsold food from shops and restaurants at a discounted price. Locally, businesses such as Honey and Harvey, East of England Coop and One Stop are using the app as a way to reduce their food waste. Too Good To Go is available via the App Store and Google Play.



Your guide to local food & drink producers, retailers & eateries around Woodbridge & Melton



¹ Waste and Resources Action Programme, *Food surplus and waste in the UK - key facts*, October 2021

² Food Savvy

Local Food & Drink Project 2023

Welcome back to Transition Woodbridge's Local Food & Drink Project leaflet, updated for 2023!

Once again, we've been busy searching out more wonderful food and drink producers in our local area, all listed here (for free) for you to browse through. You'll find more than 20 additions highlighted in green. We've also updated the retailers and eateries sections to reflect changes to the local business landscape and we're pleased to see so many opportunities to consume and buy regional produce within Woodbridge and Melton. We hope that you're inspired to offer your support.

To make it easier to find what you're looking for, the Producers section is now organised by product type. You'll find the colour-coded listing numbers on the map. This year, we've also collected recipe ideas from the likes of Hodmedod's, Stokes Sauces and Suffolk Salami to inspire you in the kitchen. Head to the Local Food & Drink Project page on transitionwoodbridge.org.uk to check out their delicious ideas!

The Local Food & Drink Project began in 2021. Concerned by the fragilities of our food supply system exposed during the Covid pandemic as well as the environmental damage caused by many aspects of modern food production, we set out with a simple aim: to encourage more people to consume more local food & drink. So what is so special about local produce?

It creates local jobs, and shopping locally keeps money in our regional economy

It typically requires less protective packaging and so generates less rubbish

It is often fresher, healthier and more seasonal. It may even be bought direct from the producer at a farm shop or online and delivered to your door

Local shops and markets are good places to meet and chat, and are at the heart of our towns, helping to create their unique character

Where a network of local producers and retail outlets develops, an area becomes more resilient and has a higher level of food security in challenging times



Local farmers and growers care for our countryside and maintain high British standards of animal welfare

It travels a shorter distance from producer to consumer so less fuel is used, resulting in lower carbon emissions and pollution levels



Transition Woodbridge, part of the Transition Towns network, is a community organisation working at a local level to encourage a transition away from a fossil fuel-based economy and towards a more sustainable future. We aim to increase awareness of environmental issues, reduce waste, promote recycling and support the local economy and environment. Find out more at:

www.transitionwoodbridge.org.uk / hello@transitionwoodbridge.org.uk

Funding from The National Lottery Community Fund, distributed by Transition Together, has enabled us to print this leaflet. We're extremely grateful to National Lottery players for making this possible. You can find more information about Transition Together at transitiontogether.org.uk.

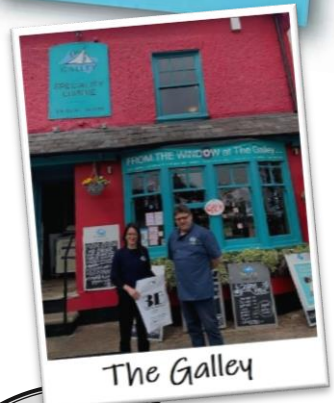


 Transition Woodbridge

 @ttwoodbridge

 @transition_woodbridge

If you buy from any of these businesses after reading this leaflet, please let them know!



Producers

From organic fruit and vegetables to quality meat, dairy and fish; from savoury and sweet condiments to delicious drinks, our area is home to an exciting range of local producers. Use the listing numbers and map to find your nearest businesses. Where we've included a postal address, the business has an on-site shop; otherwise go online, call or email to find out more about local stockists.



Anglian Organics



Capel Mushrooms

Fruit, vegetables & herbs ...

1 ActivLives

Naturally grown seasonal fruit & veg, honey, pickles & preserves
activlives.org.uk/activgardens 01473 345350 People's Community Garden, Maidenhall Allotments, Halifax Road, Ipswich, IP2 8RE

2 Anglian Organics

Organic fruit, veg, beans, cereals & pulses; veg box scheme / anglianorganics.co.uk 07748 156953

3 Beacon Hill Farm

Seasonal vegetables & flowers
beaconhillfarm@hotmail.com 01394 382633 Bealings Rd, Martlesham, IP12 5LP

4 Capel Mushrooms

Organic mushrooms & mushroom compost
capelmushrooms.co.uk 01473 310380 Mill Hill, Capel St Mary, Ipswich, IP9 2LA

5 Deben Community Farm

Fruit & veg, hen & duck eggs
debencommunityfarm.co.uk 07732 681125 Saddlemakers Lane, Melton, IP12 1PP

6 Green Farm Produce

Seasonal fruit & vegetables
greenfarmbenhall@gmail.com 07741 419553 Benhall Green, Saxmundham, IP17 1HT

7 GRObros

'Living' microherbs grown to order
grobros.co.uk 07464 232036

8 High House Farm

Wide variety of fruit, apple juice, jams, PYO fruit / high-house.co.uk 01394 450263 High House Fruit Farm, Sudbourne, IP12 2BL

9 Home Farm Nacton

Potatoes, onions, herbs, brassicas, cereals
homefarmnacton.co.uk 01473 659280

10 James Foskett Farms

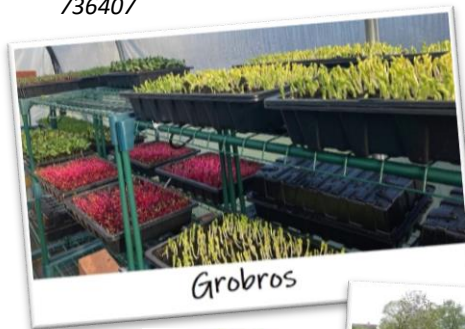
Organic & conventional veg & grain crops
jamesfoskettfarms.co.uk 01394 461130

11 Maple Farm Kelsale

Organic fruit & veg, eggs, flour, meat, honey / maplefarmkelsale.co.uk 01728 652000 Kelsale, Saxmundham, IP17 2PJ

12 Newbourne Farm

Home-grown salad & vegetables
penny@newbournefarm.co.uk 01473 736407



Grobros

13 Peach and Pippin

Organic fruit & veg, eggs, jams & juice
peachandpippin.com 07890 032475

83 Hungerdown Lane, Lawford, CO11 2LY

14 Railway Farm Shop & Market Garden

Naturally grown vegetables, veg boxes
railwayfarmshop.com 01728 605793 Main Road, Benhall, Saxmundham, IP17 1NA

15 Sandlings Saffron

Saffron, saffron salt, saffron risotto, saffron flower soap / sandlingssaffron.com
info@sandlingssaffron.com

16 Stoke Farm Orchards & Appletree Hill

Seasonal fruit, apple & pear juices, cyder, lemonade / stokefarmorchards.com 01449 616045 Battisford-Tye, Stowmarket, IP14 2NA

17 Virginia Nurseries

Fresh fruit, vegetables & plants
virginia-nurseries.co.uk 01473 736145 Mill Road, Newbourne, IP12 4NP; 698 Foxhall Rd, Rushmere St Andrew, IP3 8NQ

18 Wakelyns

Wheat flour, lentils, squash
wakelyns.co.uk info@wakelyns.co.uk
 Metfield Lane, Fressingfield, IP21 5SD



ActivLives



Community Supported Agriculture

Community Supported Agriculture (CSA) is a partnership between farmers and consumers in which the responsibilities, risks and rewards of farming are shared. Consumer involvement may include ownership or investment in the farm, sharing the costs of production, accepting a share in the harvest, or contributing labour. You can find out more at communitysupportedagriculture.org.uk.

19 Brimwood Farm

Seasonal vegetables, cut flowers, eggs inc. chicken, quail, duck & goose
brimwoodfarm.com 07818 060876 Beetlebank Farm, Darsham Rd, Bramfield, IP19 9AG

20 Oak Tree Community Farm

Vegetables, fruit, flowers & eggs
the-oak-tree.co.uk 07954 289490 Playford Lane, Rushmere St Andrew, Ipswich, IP5 1DW

21 RealVeg CSA

Fresh, organic, weekly vegetable boxes
wakelyns.co.uk/realveg 07854 076735 Wakelyns, Metfield Lane, Fressingfield, IP21 5SD



Meat, dairy & eggs ...

22 Blythburgh Real Free Range Pork

Free range pork / freerangepork.co.uk
01986 873298

23 Dingley Dell Pork

Charcuterie, salami, air-dried meats
dingleydell.com 01728 748097

24 Fen Farm Dairy

Brie, butter, mascarpone, skyr, raw milk
fenfarmdairy.co.uk 01986 892350

Flixton Road, Bungay, NR35 1PD

25 G & VAM Downing

Lamb, mutton, wild venison
info@grahamdowning.com 01986 873688

Bridge Farm, Chediston, Halesworth, IP19 0AE

26 Gate Farm Eggs

Chicken, duck & quail eggs
gatefarmeggs@hotmail.co.uk 07884 210569
Flowton, Ipswich, IP8 4LH

27 Havensfield Eggs

Free range chicken eggs, duck, quail & goose eggs / havensfieldeggs.co.uk 01379 669039

28 Lane Farm Foods/Suffolk Salami

Sausages, dry cured bacon, ham, charcuterie / lanefarm.co.uk
suffolksalami.co.uk 01379 384593

29 Peakhill Farm

Pasture-fed beef / peakhillfarm.co.uk
01728 602248 Theberton, Leiston, IP16 4TG

30 Redland Produce

Wild venison / redlandproduce.co.uk
redlandproduce@gmail.com

31 Suffolk Farmhouse Cheeses

Suffolk cheeses, cream, butter & ice cream
suffolkcheese.co.uk 01449 710458

Whitgate Farm, Norwich Road, Creting St Mary, IP6 8PG



Sutton Hoo Chicken

32 Suffolk Smokehouse & Deli

Oak- & chilli-smoked cheeses & olives
suffolksmokehouse.net 01728 768263

33 Sutton Hoo Chicken

Slow grown, free range chicken
suttonhoochicken.co.uk 01394 386797

34 The Wild Meat Company

Game & local free range meat
wildmeat.co.uk 01728 687627

35 Truly Traceable Venison & Game Pies

Game pies & sausage rolls
trulytraceable.com 01986 835980

36 Yarn Hill Lincoln Reds

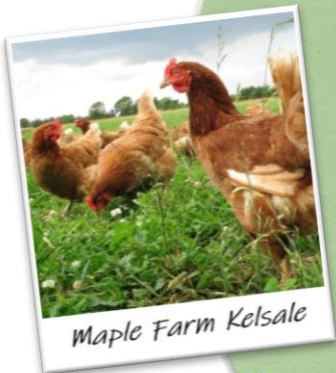
Prime Lincoln Red beef & Old Cow beef
yarnhill-lincolnred.co.uk 01728 688001



Fen Farm Dairy

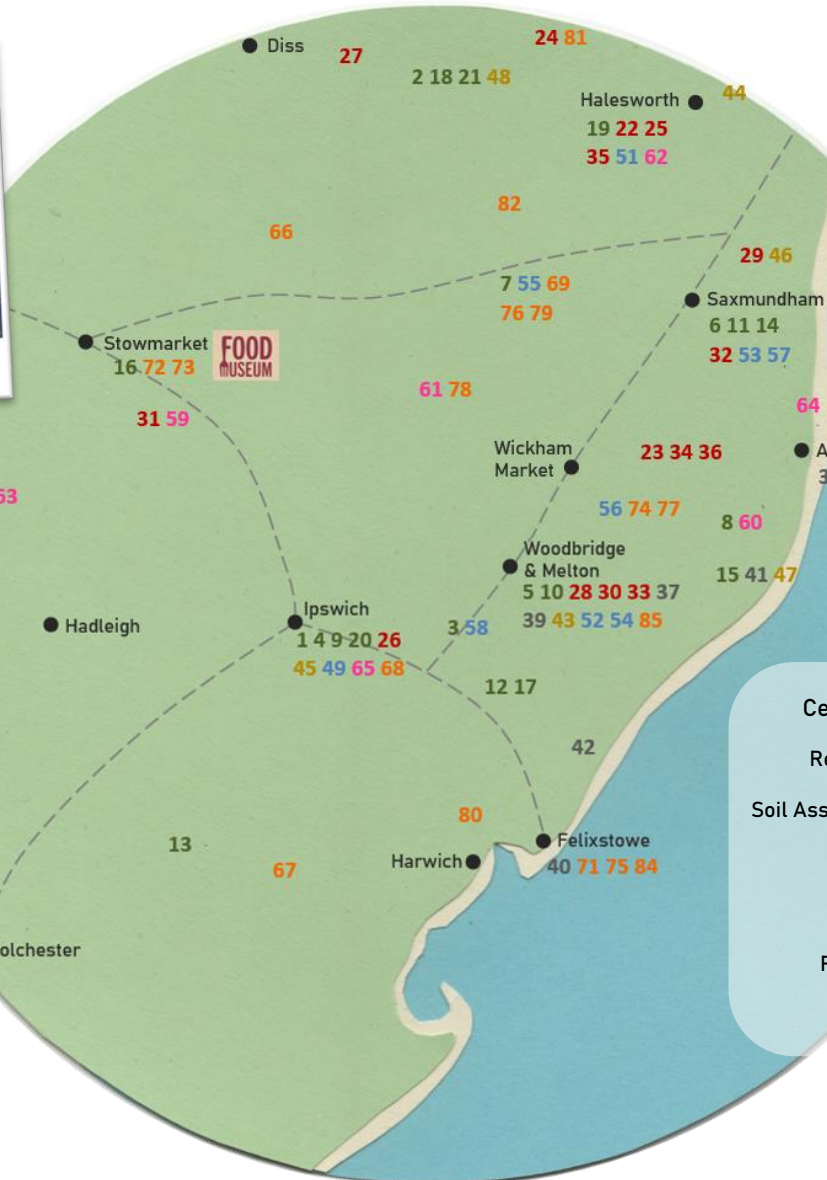


Redland Produce




Maple Farm Kelsale

Don't forget to check out our [website](#) for recipe ideas!



Certification schemes

Red Tractor redtractor.org.uk 

Soil Association soilassociation.org 

LEAF leafuk.org 

BRCS brcgs.com 

RSPCA rspcaassured.org.uk 

SALSA salsafood.co.uk 

Fish & seafood ...

37 A Passion for Seafood

Seasonal British fish & shellfish
apassionforseafood.com 07555 082153
 Grange Farm, Grundisburgh Road,
 Hasketon, Woodbridge, IP13 6HN

38 Ash Smoked Fishes

Smoked local & UK fish
ashsmokedfishes.co.uk 01728 448700
 Crag Path, Aldeburgh, IP15 5BP

39 Fisherman's Catch

Fresh, locally caught fish
fishermanscatchdelivered.co.uk
fishermanscatchsuffolk@gmail.com

40 James Hunt Fisheries

Locally & UK-caught fish
jameshuntfisheries@gmail.com 07722
 025705 The Ferry, Felixstowe, IP11 9RZ

41 Pinney's of Orford

Smoked & fresh fish, shellfish
pinneysoforford.co.uk 01394 459183
 Quay Street, Orford, IP12 2NU

42 Simpers Silver Harvest

Fresh & smoked fish, asparagus
js@simperfarms.co.uk 01394 411025

**A PASSION
FOR SEAFOOD**

Artisan Fish Sellers



Hullabaloo



Pinch



James Hunt Fisheries

Bread, grains & seeds ...

43 44 Bake Room

Sourdough microbakery
44bakeroom@gmail.com 07443 489413

44 Hodmedod's

British-farmed pulses, grains & flours
hodmedods.co.uk 01986 467567

45 Hullabaloo

Microbakery & café
hullabaloodesk@yahoo.com
 14 St Peters St, Ipswich, IP1 1XB



46 Munchy Seeds

Savoury & sweet seeds / munchyseeds.co.uk
 01728 833004 Unit 6 Eastlands Trading
 Estate, Eastlands Rd, Leiston, IP16 4LL

Hodmedod's

47 Pump Street Bakery & Chocolate

Bread, pastries, chocolate, drinking
 chocolate / pumpstreetbakery.com 01394
 459829 1 Pump Street, Orford, IP12 2LZ

48 Wakelyns Bakery

Bread, cakes, tarts, biscuits, quiche,
 preserves, cordials, dried fruit
wakelyns.co.uk info@wakelyns.co.uk
 Metfield Lane, Fressingfield, IP21 5SD

Savouries ...



49 East Coast Chilli Company

Chilli sauces, dried chillies, gifts
eastcoastchillicompany.co.uk 07563
 360703

50 Fairfield's Farm Crisps BRCS

Potato crisps & pre-packed potatoes
fairfieldsfarmcrisps.co.uk 01206 241613

51 Hillfarm Oils BRCS

Cold-pressed rapeseed oils, mayonnaises,
 salad cream, rape seeds, honey
hillfarmoils.com 01986 798660

52 Korean Kitchen

Kimchi / info@koreankitchen.co.uk 07415
 065968

53 Pinch

Dips, fresh pasta, pastries, café
eatpinch.com Maple Farm, East Green,
 Kelsale, Saxmundham, IP17 2PJ

54 Sarnivores

Sandwich & buffet catering
sarnivores.co.uk 07595 218278

55 Scarlett & Mustard

Savoury & sweet condiments
scarlettandmustard.co.uk 01728 685210
 Unit C2, Charnwood Industrial Estate,
 Framlingham, IP13 9PT

56 Stokes Sauces BRCS

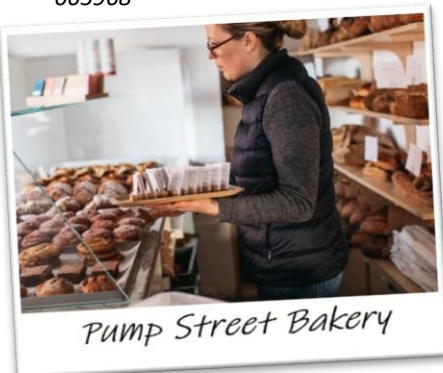
Ketchup, sauces, mayonnaise, dressings,
 jams, marmalade, relish & chutney
stokessauces.co.uk 01394 462150

57 TabbouleTal

Middle Eastern condiments, pickles &
 sweets / tabbouletal@gmail.com 07590
 477715

58 The Greek Olive Company/Black Dog Chilli Company

Olives, chili jam, tapas, olive oil, nuts
greekolives.co.uk / blackdogchili.co.uk
 01394 383843



Pump Street Bakery



Scarlett & Mustard



Korean Kitchen



FOOD MADE BETTER

Sweets ...

59 Alder Tree

Fruit cream ices from local fruit & cream
alder-tree.co.uk 01449 721220 Alder Carr Farm, Creeting St Mary, IP6 8LX

60 B Chocolates

Handmade Suffolk honey chocolates
bchocolates.co.uk 01394 459925



Chocolates

61 Bracey's Bees

Pure, natural Suffolk honeys
braceysbees.com 07876 274060

62 Suffolk Meadow Ice Cream

Ice cream from local milk, dairy-free sorbets
suffolkmeadow.co.uk 01986 899320



Drinks ...

66 Aspall

Range of cyders & vinegars
aspall.co.uk 01728 860510

67 Barn Farm Drinks/DC Williamson

Pressed fruit juice blends, frozen fruits
barnfarmdrinks.co.uk dcwilliamson.co.uk
 01255 870228

68 Briarbank Bar & Brewery

Range of craft ales brewed with locally sourced malt / briarbank.org 01473 284000 70 Fore St, Ipswich, IP4 1LB

69 DJ Wines

English & fortified wines, mead, liqueurs
dj-wines.co.uk 07882 649833

70 Fishers Gin

Original & smoked gins / fishersgin.com
 01728 454201

71 Gorse + Elder

Herbal teas from locally foraged & grown herbs, plants & flowers
gorseandelder.com 07444 186179

72 Heart of Suffolk Distillery

London Dry gins, seasonal liqueurs
heartofsuffolkdistillery.co.uk 07740 597331 Unit 4, Finbows Yard, Station Rd, Bacton, IP14 4NH



73 Humber Doucy Brewing Co.

Fresh, vegan-friendly beers
humberdoucybrew.co 01449 780151

74 L.A. Brewery

Kombucha & non-alcoholic drinks
labrewery.co.uk 01394 447496

75 Mr Bees Brewery

Real ale & beer using local malt, leafed hops & honey / mrbeesbrewery.co.uk
 07503 773630 Unit D, Searsons Farm, Cordys Lane, Trimley St Mary, IP11 0UD

76 Niche Cocktails

Premium canned cocktails
nichecocktails.co.uk
 01473 598268

77 Nonsuch Shrubs

Fruit & botanical syrups & sodas
nonsuchshrubs.com
hello@nonsuchshrubs.com

78 Red House Farm

Cox/Bramley, Cox & Discovery apple juices, Conference pear juice
redhousecharsfield.co.uk 07771 676510

79 Shawsgate

Red, white & rosé wines, cider & perry, white & rosé vermouth, teas
shawsgate.co.uk 01728 724060
 Badingham Road, Framlingham, IP13 9HZ



63 Suffolk Slice

Cakes, brownies, blondies, afternoon teas
suffolkslice@gmail.com 07712 410126

64 The Quince Tree Suffolk

Homemade preserves, granola & fudge
thequincetreesuffolk@gmail.com 07540 943001

65 Tosier Chocolatemaker

Vegan, gluten-free & dairy-free chocolates
tosier.co.uk 07769 802237



80 Shotley Vineyard

White, red & rosé wines, sparkling white wine / shotleyvineyard.co.uk 07801 654635 Frogs Alley, Shotley, IP9 1EP

81 St Peter's Brewery

Beer inc. organic, alcohol-free & gluten-free
stpetersbrewery.co.uk 01986 782322
 St Peter's Hall, St Peter South Elmham, Bungay, NR35 1NQ

82 Suffolk Village Ciders

Dennington, Brundish Blush & Saxstead Sparkler ciders / 01728 685736
suffolkvillageciders@gmail.com

83 The Krafty Braumeister

German-style beers / 07508 435893
kraftybraumeister.co.uk

84 The Old Felixstowe Brewing Co.

Range of bottle conditioned beers
tofbc.co.uk 07801 845378

85 Uffa Brewery at The White Lion

Hand-brewed small batch ales
uffordwhitelion.co.uk 01394 460770
 The White Lion Inn, Lower St, Lower Ufford, Woodbridge, IP13 6DW



FOOD MUSEUM

Open Tuesday - Sunday,
 10am - 5pm

www.foodmuseum.org.uk
 01449 612229

In Stowmarket, Suffolk you'll find the UK's Food Museum. Our mission is to connect people with where our food comes from and the impact of our choices: past, present and future.

From cheese-making to brewing, historic breads to seasonal eating, we are here to engage audiences with the heritage of food and the communities who grow and make it. We aim to explore themes connected by food - social, historical, technological, industrial, environmental - and to give visitors hands-on experiences which bring processes alive, teach skills and share memories.



Retailers

Show your support for these local shops, all of which stock locally sourced food and/or drink. The listed addresses are in Woodbridge & Melton – phone, email or check online for opening hours.



Adnams

adnams.co.uk 01394 386594

Station Road, Woodbridge, IP12 4AU

The Bakehouse Bakery

thebakehousebakery.co.uk 01394 384398

21 New Street, IP12 1DY

The Deli at the Boathouse

theboathousewoodbridge.co.uk 01394

385200 Whisstocks Place, IP12 1BY

East of England Co-op Sourced Locally range

eastofengland.coop 01473 786000

3 Hamblin Walk, IP12 1AA;

1 Hasketon Road, IP12 4JT;

24 Old Barrack Road, IP12 4ET

The Fish Box

thefishbox.business.site 01394 384939

10 Hamblin Walk, IP12 1DE

Fodder

fodderuk.com 01394 386116 The Station,

Station Road, Melton, IP12 1TN

Foulgers Dairy

foulgersdairy.co.uk 01473 784999

Grange Farm Shop

grangefarmshop.co.uk 01473 735610

Grundisburgh Road, Hasketon, IP13 6HN

J R Creasey's

jrcreaseys@gmail.com 01394 386739

8 Hamblin Walk, IP12 1DE

Melton Produce

jackiewoolven@hotmail.com 01394 387370

Melton Road, IP12 1NZ

Notcutts Garden Centre

notcutts.co.uk 01394 445400 Ipswich Road,

IP12 4AF

Poppy's Pantry

poppyspantryshop.co.uk 01394 389599

Unit 4, The Sidings, Wilford Bridge Road,

IP12 1TB

Sucoca

sucoca.com 01394 517050 74 Thoroughfare,

IP12 1AL

Tide Mill

woodbridgetidemill.org.uk 01394 388202

Tide Mill Way, IP12 1BY

Two Magpies Bakery

twomagpiesbakery.co.uk 01394 383085

60 Thoroughfare, IP12 1AL

Warwick Avenue Shop & Post Office

01394 382476 37-39 Warwick Avenue,

IP12 1JX

Woodbridge Country Market

Woodbridge Community Hall, Station Road,

IP12 4AU Thursdays 10.00-11.15 a.m.

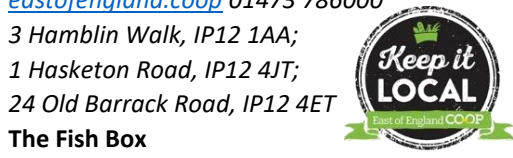
Woodbridge Deli

01394 386620 2A New Street, IP12 1DT

Woodbridge Greengrocers

woodbridgegreengrocers.co.uk 01394

386298 10 Hamblin Walk, IP12 1DE



Woodbridge Market

Thursdays from 8.00 a.m.
Market Hill, IP12 4LU



The Cheese and Pie Man
thecheeseandpieman.co.uk
07972 855396

Fisherman's Catch
fishermanscatchdelivered.co.uk
fishermanscatchsuffolk@gmail.com

Cupboard Love
cupboardlove.shop
07960 924480

Brown Bread
brownbreadonline.co.uk
01277 354396

The Quince Tree
thequincetreesuffolk@gmail.com
07540 943001

Newbourne Farm
penny@newbournefarm.co.uk
01473 736407

Jan Day Market Flowers
07901 561263

Eateries

Woodbridge and Melton are home to many well-loved restaurants, cafés and pubs. You'll find a range of locally sourced food and drink on the menus of the eateries listed here. Please call, email or check online for opening times and booking information.



Pavilion Cafe



Christine's Patisserie

A Listers

theriverside.co.uk/restaurant 01394

445172 The Riverside, Quay Side, IP12 1BH

The Anchor

theanchorwoodbridge.co.uk 01394

382649 19 Quay Street, IP12 1BX

The Angel

theangelwoodbridge.co.uk 01394 382660

2 Theatre Street, IP12 4NE

The Boathouse Kitchen & Bar

theboathousewoodbridge.co.uk

01394 385200 Whisstocks Place, Tide Mill Way, IP12 1FP

The Bull Inn

bullinnwoodbridge.co.uk 01394 382089

2 Market Hill, IP12 4LR

The Cherry Tree Inn

thecherrytreepub.co.uk 01394 384627

73 Cumberland Street, IP12 4AG

Christine's Patisserie & Tearoom

christinescakeshop.com 01394 547210

74 Thoroughfare, IP12 1AL

The Coach and Horses

debeninns.co.uk/coachandhorses 01394

384851 Melton Road, IP12 1PD

The Crown Hotel & Restaurant

thecrownatwoodbridge.co.uk 01394

384242 Thoroughfare, IP12 1AD

Cumberland Street Fish Bar

01394 382608 2 Cumberland Street, IP12 4AB

Deben Café & Bar

debencafe.co.uk 01394 388643 HMS Vale,

Melton Boatyard, Dock Lane, IP12 1PE

The Galley + Creamery & Deli

galley.uk.com 01394 380055 Market Hill,

IP12 4LX

Honey + Harvey

honeyandharvey.co.uk 01394 447088

56 Thoroughfare, IP12 1AL; Unit 1 Riduna Park, Station Road, Melton, IP12 1QT

The Kings Head

kingsheadwoodbridge@hotmail.com

01394 387750 17 Market Hill, IP12 4LP

Mrs Pipers

01394 385633 65 Thoroughfare, IP12 1AH

New Street Canteen

newstreetmarket.com 01394 388668

New Street Market, 70 New Street, IP12 1DX

Pavilion Café

accessct.org/social-enterprises 01502 527200

Kingston Field, The Avenue, IP12 4BA

The Red Lion

redlionwoodbridge.co.uk 01394 548327

90 Thoroughfare, IP12 1AL

The Sandwich Shop

01394 384941 17 Thoroughfare, IP12 1AA

Spice Bar @ The Table

thetablewoodbridge.co.uk 01394 382007

3 Quay Street, IP12 1BX

Suffolk Coffee Pod

suffolkcoffee.com Next to Woodbridge

Tide Mill, Tide Mill Way, IP12 1BY

The Tea Hut

theteahut.co.uk 01394 384538

River Wall, IP12 4BB

Wild Strawberry Café

wildstrawberrycafe.co.uk 01394 388881

19A Market Hill, IP12 4LX

The Wilford Bridge

debeninns.co.uk/wilfordbridge 01394 386141

Wilford Bridge Road, IP12 2PA

Whistlestop Café

stationquesthouse.co.uk 01394 384831

Station Road, IP12 4AU

The Woodyard

thewoodyard.pizza 01394 380716

Whisstocks Place, IP12 1FP



Suffolk Coffee Pod

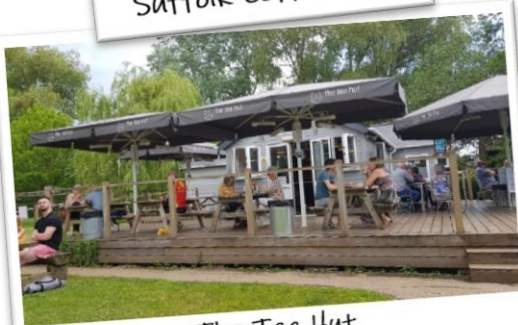


The Cherry Tree Inn

Help is available in Woodbridge and Melton for anyone struggling to afford food for themselves and their family.

The Salvation Army operates a food bank which is open every Thursday morning in New Street, Woodbridge, IP12 1DT. Call Major Alan Hill on 01394 389591 or 07562 007125. Donations of tinned and dried food are always needed and can be made in The East of England Co-op, Hamblin Walk, Woodbridge, IP12 1AA as well as at Melton and Ufford Parish Churches in the labelled boxes.

There are also two Little Free Pantries in the local area where you can 'Give what you can, take what you need'. One is in the foyer of St Andrew's Church Hall, Station Rd, Melton, IP12 1PX which is open 10am- 5pm Monday to Wednesday. The second is located alongside St John's Church Hall, St John's Street, Woodbridge, IP12 1ED and is always open.



The Tea Hut