

# Reducing food waste

It is estimated that in the UK about a third of the food we buy is thrown away. This is not just a waste of food, it is also a waste of money. Around 30% of global greenhouse gas emissions come from food production so wasting food is costing us the Earth, too.

When we waste food, all the fuel and energy used for growing, harvesting, processing, packaging, transporting and selling that food is wasted as well.

Go to [lovefoodhatewaste.com](http://lovefoodhatewaste.com) for useful tips and advice on how to reduce the amount of food you throw away.

Respect the food you buy – remember the resources, effort and time that it has cost to produce.



## How Transition Woodbridge is helping

Since 2013, we have been collecting unwanted fruit from local gardens & orchards and redistributing it to several church lunch clubs, to the Salvation Army in Woodbridge, to Helping Hands in Ipswich for meals for the homeless, and to FIND in Ipswich for their food banks.

If you have surplus fruit or vegetables, please let us know. We can arrange to come and harvest it before passing it on to those who can use it. If you are part of a local scheme that could use this food, please get in touch with us, too.

Surplus food can also be donated to local Little Free Pantries – see the Eateries page for more details.



Woodbridge Town Council  
Climate and Ecological  
Emergency Committee




Melton Parish  
Council



[transitionwoodbridge.org.uk](http://transitionwoodbridge.org.uk)

[hello@transitionwoodbridge.org.uk](mailto:hello@transitionwoodbridge.org.uk)

 Transition Woodbridge

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Your guide to local food  
producers, retailers & eateries  
around Woodbridge & Melton



# Local Food Project 2022

Welcome to Transition Woodbridge's Local Food Project leaflet, revised for 2022.

We've been scouring the local area looking for more wonderful food and drink producers to expand our listings - you'll find new additions highlighted in green. We've also updated the retailers and eateries sections to reflect changes to the local business landscape and we're pleased to see so many opportunities to eat and buy regional produce within Woodbridge and Melton. We hope that you're inspired to offer your support.

The Local Food Project began in 2021. Concerned by the fragilities of our food supply system exposed during the Covid pandemic as well as the environmental damage caused by many aspects of modern food production, we set out with a simple aim: to encourage more people to eat more local food. So what is so special about local food?

Local food creates local jobs and shopping locally keeps money in our local economy

Local food is fresher, healthier and more seasonal. It may even be bought direct from the producer at a farm shop or online and delivered to your door

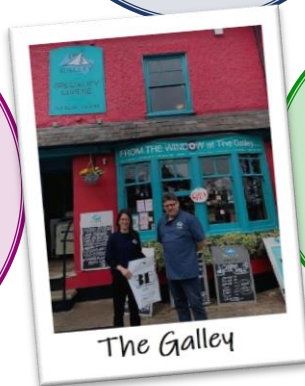
Local food travels a shorter distance from producer to consumer so less fuel is used, resulting in lower carbon emissions and pollution levels

Where a network of local food producers and retail outlets develops, an area becomes more resilient and has a higher level of food security in challenging times

Local farmers and growers care for our countryside and maintain high British standards of animal welfare

Local food shops and markets are good places to meet and chat and are at the heart of our town, helping to create its unique character

Local food needs less protective packaging and so generates less rubbish



If you have any comments, suggestions or questions about the Local Food Project, you can email us at [localfoodip12@gmail.com](mailto:localfoodip12@gmail.com).

Transition Woodbridge is a community organisation working at a local level to encourage a transition away from a fossil fuel-based economy and towards a more sustainable future. We aim to increase awareness of climate change, reduce waste, promote recycling and support the local economy and environment. Find out more about Transition Woodbridge's range of projects and join us at:

[transitionwoodbridge.org.uk](http://transitionwoodbridge.org.uk)

Email: [hello@transitionwoodbridge.org.uk](mailto:hello@transitionwoodbridge.org.uk)



Part of the Transition Towns network

Cover photos, top to bottom: Plant Café, Virginia Nurseries, Maple Farm Kelsale



# Producers

From organic fruit and vegetables to quality meat, dairy and fish, our area is home to an exciting range of local food producers. Where we've included a postal address, the business has an on-site shop; otherwise go online or call to find out more about stockists.



## 1 Ash Smoked Fishes

Smoked local & UK fish  
aldeburchsmokehouse@btconnect.com  
Crag Path, Aldeburgh, IP15 5BP

## 2 Hodmedod's

British-farmed pulses, grains & flours  
[hodmedods.co.uk](http://hodmedods.co.uk) 01986 467567

## 3 Suffolk Slice

Cakes, brownies, blondies, afternoon teas  
[suffolkslice@gmail.com](mailto:suffolkslice@gmail.com) 07712 410126

## 4 The Wild Meat Company

Game & local free range meat  
[wildmeat.co.uk](http://wildmeat.co.uk) 01728 687627

## 5 Fen Farm Dairy

Brie, butter, mascarpone, skyr, raw milk  
[fenfarmdairy.co.uk](http://fenfarmdairy.co.uk) 01986 892350  
Flixton Road, Bungay, NR35 1PD

## 6 St Peter's Brewery

Beer inc. organic, alcohol-free & gluten-free  
[stpetersbrewery.co.uk](http://stpetersbrewery.co.uk) 01986 782322  
St Peter's Hall, St Peter South Elmham, Bungay, NR35 1NQ

## 7 Red House Farm

Cox & Bramley apple juices  
[redhousecharsfield.co.uk](http://redhousecharsfield.co.uk) 07771 676510

## 8 Dingley Dell Cured

Charcuterie, salami, air-dried meats  
[dingleydellcured.co.uk](http://dingleydellcured.co.uk) 01728 748097

## 9 Fairfields Farm Crisps BRGS

Potato crisps & pre-packed potatoes  
[fairfieldsfarmcrisps.co.uk](http://fairfieldsfarmcrisps.co.uk) 01206 241613

## 10 Alder Tree

Fruit cream ices from local fruit & cream  
[alder-tree.co.uk](http://alder-tree.co.uk) 01449 721220 Alder Carr Farm, Creeting St Mary, IP6 8LX

## 11 Calvors

Lagers & ales using locally sourced malt  
[calvors.co.uk](http://calvors.co.uk) 01449 711055

## 12 Suffolk Farmhouse Cheeses

Suffolk cheeses, cream, butter & ice cream  
[suffolkcheese.co.uk](http://suffolkcheese.co.uk) 01449 710458  
Whitegate Farm, Norwich Road, Creeting St Mary, IP6 8PG

## 13 Aspoll

Range of cyders & vinegars  
[aspall.co.uk](http://aspall.co.uk) 01728 860510

## 14 Havensfield Eggs

Free range chicken eggs, duck, quail & goose eggs / [havensfieldeggs.co.uk](http://havensfieldeggs.co.uk) 01379 669039

## 15 James Hunt Fisheries

Locally & UK-caught fish  
[jameshuntfisheries@gmail.com](mailto:jameshuntfisheries@gmail.com) 01394 284582 The Ferry, Felixstowe, IP11 9RZ

## 16 Mr Bees Brewery

Real ale & beer using local malt, leafed hops & honey / [mrbeesbrewery.co.uk](http://mrbeesbrewery.co.uk) 07503 773630 Unit D, Searsons Farm, Cordys Lane, Trimley St Mary, Felixstowe, IP11 0UD

## 17 Wakelyns/Wakelyns Bakery

Baked goods, jams, chutneys, cordials, veg boxes / [wakelyns.co.uk](http://wakelyns.co.uk) [info@wakelyns.co.uk](mailto:info@wakelyns.co.uk) Metfield Lane, Fressingfield, IP21 5SD

## 18 Grobros

'Living' microherbs grown to order  
[grobros.co.uk](http://grobros.co.uk) 01728 621502

## 19 Scarlett & Mustard

Sweet & savoury condiments  
[scarlettandmustard.co.uk](http://scarlettandmustard.co.uk) 01728 685210 Unit C2, Charnwood Industrial Estate, Framlingham, IP13 9PT

## 20 Shawsgate

Red, white & rosé wines, cider & perry, white & rosé vermouth, teas / [shawsgate.co.uk](http://shawsgate.co.uk) 01728 724060 Badingham Road, Framlingham, IP13 9HZ

## 21 Blythburgh Real Free Range Pork

Free range pork / [freerangepork.co.uk](http://freerangepork.co.uk) 01986 873298

## 22 Truly Traceable Venison & Game Pies

Game pies & sausage rolls  
[trulytraceable.com](http://trulytraceable.com) 01986 835980

## 23 G & VAM Downing

Lamb, mutton, wild venison  
[info@grahamdowning.com](mailto:info@grahamdowning.com) 01986 873688 Bridge Farm, Chediston, Halesworth, IP19 0AE

## 24 George Thompson (Great Oakley) Ltd

Reliquum gin & bouse, Thompson's baijiu, niche crops – herbs, citrus, figs, Chinese veg  
[reliquum.uk](http://reliquum.uk) [britishbaijiu.uk](http://britishbaijiu.uk) 01255 880815

## 25 Hillfarm Oils

Cold-pressed rapeseed oils, mayonnaises, salad cream, rape seeds, honey  
[hillfarmoils.com](http://hillfarmoils.com) 01986 798660

## 26 Yarn Hill Lincoln Reds

Prime Lincoln Red beef & Old Cow beef  
[yarnhill-lincolnred.co.uk](http://yarnhill-lincolnred.co.uk) 01728 688001

## 27 ActivLives

Naturally grown seasonal fruit & veg, honey, pickles & preserves

[activlives.org.uk/activgardens](http://activlives.org.uk/activgardens) 01473 345350 People's Community Garden, Maidenhall Allotments, Halifax Road, Ipswich, IP2 8RE

## 28 Briarbank Bar & Brewery

Range of craft ales brewed with locally sourced malt / [briarbank.org](http://briarbank.org) 01473 284000 70 Fore St, Ipswich, IP4 1LB

## 29 Capel Mushrooms

Organic mushrooms & mushroom compost  
[capelmushrooms.co.uk](http://capelmushrooms.co.uk) 01473 310380 Mill Hill, Capel St Mary, Ipswich, IP9 2LA

## 30 Chocolate Wonder

Homemade chocolate & fudge  
[chocolate-wonder.co.uk](http://chocolate-wonder.co.uk) 07553 951604

## 31 Home Farm Nacton

Potatoes, onions, herbs, brassicas, cereals  
[homefarmnacton.co.uk](http://homefarmnacton.co.uk) 01473 659280

## 32 Suffolk Sea Salt

Pure & flavoured sea salts  
[suffolkseasalt.com](http://suffolkseasalt.com) 07596 836856

## 33 Suffolk Sweet Tomatoes

Piccolo tomatoes  
[suffolksweettomatoes.co.uk](http://suffolksweettomatoes.co.uk) 01473 875052

## 34 Peach and Pippin

Organic fruit, eggs, jams & juice  
[peachandpippin.com](http://peachandpippin.com) 07890 032475 83 Hungerdown Lane, Lawford, CO11 2LY

## 35 Peakhill Farm

Naturally reared beef & pork cuts  
[peakhillfarm.co.uk](http://peakhillfarm.co.uk) 07862 731999 Theberton, Leiston, IP16 4TG

## 36 Barn Farm Drinks/DC Williamson

Pressed fruit juice blends, frozen fruits  
[barnfarmdrinks.co.uk](http://barnfarmdrinks.co.uk) [dcwilliamson.co.uk](http://dcwilliamson.co.uk) 01255 870228

## 37 Newbourne Farm

Home-grown salad & veg  
[penny@newbournefarm.co.uk](mailto:penny@newbournefarm.co.uk) 01473 736407



James Hunt Fisheries



**38 Virginia Nurseries**

Fresh fruit, vegetables & plants  
[virginia-nurseries.co.uk](http://virginia-nurseries.co.uk) 01473 736145  
Mill Road, Newbourne, IP12 4NP; 698  
Foxhall Rd, Rushmere St Andrew, IP3 8NQ

**39 Pinney's of Orford**

Smoked & fresh fish, shellfish  
[pinneysoforford.co.uk](http://pinneysoforford.co.uk) 01394 459183  
Quay Street, Orford, IP12 2NU

**40 Pump Street Bakery & Chocolate**

Bread, pastries, chocolate, drinking  
chocolate / [pumpstreetbakery.com](http://pumpstreetbakery.com)  
01394 459829 1 Pump Street, Orford,  
IP12 2LZ

**41 Simpers of Ramsholt**

Fresh & smoked fish, fruit & veg  
[simplersoframsholt.co.uk](http://simplersoframsholt.co.uk) 01394 411025

**42 L.A. Brewery**

Chilled & ambient kombucha ranges  
[labrewery.co.uk](http://labrewery.co.uk) 01394 783000

**43 Nonsuch Shrubs**

Fruit & botanical syrups & sodas  
[nonsuchshrubs.com](http://nonsuchshrubs.com)  
hello@nonsuchshrubs.com

**44 Stokes Sauces** **BRCS**

Ketchup, sauces, mayonnaise, dressings,  
jams, marmalade, relish & chutney  
[stokessaues.co.uk](http://stokessaues.co.uk) 01394 462150

**45 Maple Farm Kelsale**

Organic eggs, flour, fruit & veg, meat, honey  
[maplefarmkelsale.co.uk](http://maplefarmkelsale.co.uk) 01728 652000  
Saxmundham, IP17 2PJ

**46 Railway Farm Shop & Market Garden**

Naturally grown vegetables, veg boxes  
[railwayfarmshop.co.uk](http://railwayfarmshop.co.uk) 01728 605793 Main  
Road, Benhall, Saxmundham, IP17 1NA

**47 Suffolk Smokehouse & Deli**

Oak- & chilli-smoked olives & cheeses  
[suffolksmokehouse.net](http://suffolksmokehouse.net) 01728 768263

**48 Stoke Farm Orchards & Appletree Hill**

Apple, pear, quince & blackcurrant juices,  
cyder, lemonade / [stokefarmorchards.com](http://stokefarmorchards.com)  
01449 616045 Battisford-Tye, Stowmarket,  
IP14 2NA

**49 High House Farm**

Wide variety of fruit, apple juice, jams, PYO  
fruit / [high-house.co.uk](http://high-house.co.uk) 01394 450263 High  
House Fruit Farm, Sudbourne, IP12 2BL

**50 The Quince Tree Suffolk**

Homemade preserves, granola & fudge  
[thequincetreesuffolk.com](http://thequincetreesuffolk.com) 07540 943001

**51 Suffolk Meadow Ice Cream**

Ice cream from local milk, dairy-free  
sorbets / [suffolkmeadow.co.uk](http://suffolkmeadow.co.uk) 01986  
899320

**52 44 Bakeroom**

Sourdough microbakery / 07443 489413



**Why 21 miles?**

As this project began in 2021, and due to the importance of the 21<sup>st</sup> century in our response to the climate and ecological emergencies, we decided to focus on producers within roughly 21 miles of Woodbridge & Melton.



**Certification schemes**

Red Tractor [redtractor.org.uk](http://redtractor.org.uk)



Soil Association [soilassociation.org](http://soilassociation.org)



LEAF [leafuk.org](http://leafuk.org)



BRCGS [brcgs.com](http://brcgs.com)



RSPCA [rspcaassured.org.uk](http://rspcaassured.org.uk)



SALSA [salsafood.co.uk](http://salsafood.co.uk)





**53 A Passion for Seafood**

Seasonal British fish & shellfish  
[apassionforseafood.com](http://apassionforseafood.com) 07885 287160  
Grange Farm, Grundisburgh Road,  
Hasketon, Woodbridge, IP13 6HN

**54 Deben Community Farm**

Fruit & veg, hen & duck eggs  
[debencommunityfarm.co.uk](http://debencommunityfarm.co.uk) 07732 681125  
Saddlemakers Lane, Melton, IP12 1PP

**55 Grange Farm Shop**

Variety of local & own produce  
[grangefarmshop.co.uk](http://grangefarmshop.co.uk) 01473 735610  
Grundisburgh Road, Hasketon,  
Woodbridge, IP13 6HN

**56 The Greek Olive Company/Black Dog Chili Company**

Olives, chili jam, tapas, olive oil, nuts  
[greekolives.co.uk](http://greekolives.co.uk) 01394 383843

**57 James Foskett Farms**

Organic & conventional veg & grain crops  
[jamesfoskettfarms.co.uk](http://jamesfoskettfarms.co.uk) 01394 461130

**58 Korean Kitchen**

Kimchi / [koreankitchen.co.uk](http://koreankitchen.co.uk) 07415 065968

**59 Lane Farm Foods/Suffolk Salami**

Sausages, dry cured bacon, ham, charcuterie  
[lanefarm.co.uk](http://lanefarm.co.uk) [suffolksalami.co.uk](http://suffolksalami.co.uk) 01379 384593

**60 Sarnivores**

Sandwich & buffet catering  
[sarnivores.co.uk](http://sarnivores.co.uk) 07595 218278

**61 Sutton Hoo Chicken**

Slow grown, free range chicken  
[suttonhoochicken.co.uk](http://suttonhoochicken.co.uk) 01394 386797

**62 Uffa Brewery at The White Lion**

Hand-brewed small batch ales  
[uffordwhitelion.co.uk](http://uffordwhitelion.co.uk) 01394 460770  
The White Lion Inn, Lower St, Lower Ufford,  
Woodbridge, IP13 6DW



## Community Supported Agriculture

Community Supported Agriculture (CSA) is a partnership between farmers and consumers in which the responsibilities, risks and rewards of farming are shared. Consumer involvement may include ownership or investment in the farm, sharing the costs of production, accepting a share in the harvest, or contributing labour. You can find out more at [communitysupportedagriculture.org.uk](http://communitysupportedagriculture.org.uk). These are three local CSA schemes:

**63 Brimwood Farm**

Seasonal vegetables, cut flowers, eggs inc. chicken, quail, duck & goose  
[brimwoodfarm.com](http://brimwoodfarm.com) 07818 060876  
Beetlebank Farm, Darsham Rd,  
Bramfield, IP19 9AG

**64 RealVeg CSA**

Fresh, organic, weekly vegetable boxes  
[wakelyns.co.uk/realveg](http://wakelyns.co.uk/realveg) 07854 076735  
Wakelyns, Metfield Lane, Fressingfield,  
IP21 5SD

**65 Oak Tree Community Farm**

Vegetables, fruit, flowers & eggs  
[the-oak-tree.co.uk](http://the-oak-tree.co.uk) 07954 289490  
Playford Lane, Rushmere St Andrew,  
Ipswich, IP5 1DW

# FOOD MUSEUM

Open Tuesday - Sunday,  
10am - 5pm

[www.foodmuseum.org.uk](http://www.foodmuseum.org.uk)  
01449 612229

In Stowmarket, Suffolk you'll find the UK's Food Museum. Our mission is to connect people with where our food comes from and the impact of our choices: past, present and future.

From cheese-making to brewing, historic breads to seasonal eating, we are here to engage audiences with the heritage of food and the communities who grow and make it. We aim to explore themes connected by food - social, historical, technological, industrial, environmental - and to give visitors hands-on experiences which bring processes alive, teach skills and share memories.





# Retailers

Show your support for these local shops, all of which stock locally sourced food and/or drink. The listed addresses are in Woodbridge & Melton – phone, email or check online for opening hours.



Poppy's Pantry



Tide Mill

## Adnams

[adnams.co.uk](http://adnams.co.uk) 01394 386594

Station Road, Woodbridge, IP12 4AU

## The Bakehouse Bakery

[thebakehousebakery.co.uk](http://thebakehousebakery.co.uk) 01394 384398

21 New Street, IP12 1DY

## East of England Co-op Sourced Locally range

[eastofengland.coop](http://eastofengland.coop) 01473 786000

3 Hamblin Walk, IP12 1AA;

1 Hasketon Road, IP12 4JT;

24 Old Barrack Road, IP12 4ET

## Eco Refill Company

[refill-eco.com](http://refill-eco.com) 07973 389664

6A Thoroughfare, IP12 1AG

## The Fish Box

01394 384939 10 Hamblin Walk, IP12 1DE



## Foulgers Dairy

[foulgersdairy.co.uk](http://foulgersdairy.co.uk) 01473 784999

## J R Creasey's

[jcreasey.co.uk](http://jcreasey.co.uk) 01394 386739 8 Hamblin

Walk, IP12 1DE

## Market Garden Produce

01394 386298 10 Hamblin Walk, IP12 1DE

## Melton Produce

[jackiewoolven@hotmail.com](mailto:jackiewoolven@hotmail.com) 01394 387370

Melton Road, IP12 1NZ

## Notcutts Garden Centre

[notcutts.co.uk](http://notcutts.co.uk) 01394 445400 Ipswich Road,

IP12 4AF

## Poppy's Pantry

[poppyspantryshop.co.uk](http://poppyspantryshop.co.uk) 01394 389599

Unit 4, The Sidings, Wilford Bridge Road,

IP12 1TB

## Salt peter Wines

[saltpeterwines.co.uk](http://saltpeterwines.co.uk) 01394 447983

72 New Street, IP12 1DX

## Sucoca

01394 517050 74 Thoroughfare, IP12 1AL

## Tide Mill

[woodbridgetidemill.org.uk](http://woodbridgetidemill.org.uk) 01394 388202

Tide Mill Way, IP12 1BY

## Two Magpies Bakery

[twomagpiesbakery.co.uk](http://twomagpiesbakery.co.uk) 01394 383085

60 Thoroughfare, IP12 1AL

## Warwick Avenue Shop & Post Office

01394 382476 37-39 Warwick Avenue,

IP12 1JX

## Woodbridge Country Market

Woodbridge Community Hall, Station Road,

IP12 4AU Thursdays 10.00-11.15 a.m.

## Woodbridge Deli

01394 386620 2A New Street, IP12 1DT

## Woodbridge Emporium

[woodbridgeemporium.co.uk](http://woodbridgeemporium.co.uk) 01394 382382

66 Thoroughfare, IP12 1AL

# Woodbridge Market

Thursdays from 8.00 a.m.  
Market Hill, IP12 4LU



JR Creasey's



### Cupboard Love

[cupboardlove.shop](http://cupboardlove.shop)

07960 924480

### The Cheese and Pie Man

[thecheeseandpieman.co.uk](http://thecheeseandpieman.co.uk)

07972 855396

### Brown Bread

[brownbreadonline.co.uk](http://brownbreadonline.co.uk)

01277 354396

### The Quince Tree

[thequincetreesuffolk.com](http://thequincetreesuffolk.com)

07540 943001

### Newbourne Farm

[penny@newbournefarm.co.uk](mailto:penny@newbournefarm.co.uk)

01473 736407

### Jan Day Market Flowers

07901 561263



# Eateries

Woodbridge and Melton are home to many well-loved restaurants, cafés and pubs. You'll find a range of locally sourced food and drink on the menus of the eateries listed here. Please call, email or check online for opening times and booking information.

## A Listers

[theriverside.co.uk/restaurant](http://theriverside.co.uk/restaurant) 01394 445172 The Riverside, Quay Side, IP12 1BH

## The Anchor

[theanchorwoodbridge.co.uk](http://theanchorwoodbridge.co.uk) 01394 382649 19 Quay Street, IP12 1BX

## The Angel

[theangelwoodbridge.co.uk](http://theangelwoodbridge.co.uk) 01394 382660 2 Theatre Street, IP12 4NE

## The Boathouse Kitchen & Bar

[theboathousewoodbridge.co.uk](http://theboathousewoodbridge.co.uk) 01394 385200 Whisstocks Place, Tide Mill Way, IP12 1FP

## The Bull Inn

[bullinnwoodbridge.co.uk](http://bullinnwoodbridge.co.uk) 01394 382089 2 Market Hill, IP12 4LR

## Caravan Café

07943 959530 Ferry Quay, IP12 1BW

## The Cherry Tree Inn

[thecherrytreepub.co.uk](http://thecherrytreepub.co.uk) 01394 384627 73 Cumberland Street, IP12 4AG

## Christine's Patisserie & Tearoom

[christinescakeshop.com](http://christinescakeshop.com) 01394 547210 74 Thoroughfare, IP12 1AL

## The Coach and Horses

[debeninns.co.uk/coachandhorses](http://debeninns.co.uk/coachandhorses) 01394 384851 Melton Road, IP12 1PD

## The Crown Hotel & Restaurant

[thecrownatwoodbridge.co.uk](http://thecrownatwoodbridge.co.uk) 01394 384242 Thoroughfare, IP12 1AD

## Cumberland Street Fish Bar

01394 382608 2 Cumberland Street, IP12 4AB

## Deben Café & Bar

[debencafe.co.uk](http://debencafe.co.uk) 01394 388643 HMS Vale, Melton Boatyard, Dock Lane, IP12 1PE

## The Galley

[galley.uk.com](http://galley.uk.com) 01394 380055 21 Market Hill, IP12 4LX

## The Galley Creamery & Deli

[galley.uk.com](http://galley.uk.com) 01394 380055 Market Hill, IP12 4LX

## Honey + Harvey

[honeyandharvey.co.uk](http://honeyandharvey.co.uk) 01394 447088 56 Thoroughfare, IP12 1AL; Unit 1 Riduna Park, Station Road, Melton, IP12 1QT

## The Kings Head

[adnams.co.uk](http://adnams.co.uk) 01394 387750 17 Market Hill, IP12 4LP

## Mrs Pipers

01394 385633 65 Thoroughfare, IP12 1AH

## New Street Canteen

[newstreetmarket.com](http://newstreetmarket.com) 01394 388668 New Street Market, 70 New Street, IP12 1DX

## Pavilion Café

[accessct.org/social-enterprises](http://accessct.org/social-enterprises) 01502 527200 Kingston Fields, The Avenue, IP12 4BA

## Plant Café

[plantcafe.co.uk](http://plantcafe.co.uk) 07798 738918 47A Thoroughfare, IP12 1AH

## The Sandwich Shop

01394 384941 17 Thoroughfare, IP12 1AA

## Spice Bar @ The Table

[thetablewoodbridge.co.uk](http://thetablewoodbridge.co.uk) 01394 382007 3 Quay Street, IP12 1BX

## Suffolk Coffee Pod

[suffolkcoffeepod.com](http://suffolkcoffeepod.com) 07584 659662 Next to Woodbridge Tide Mill, Tide Mill Way, IP12 1BY

## The Tea Hut

[theteahut.co.uk](http://theteahut.co.uk) 01394 384538 River Wall, IP12 4BB

## Wild Strawberry Café

[wildstrawberrycafe.co.uk](http://wildstrawberrycafe.co.uk) 01394 388881 19A Market Hill, IP12 4LX

## The Wilford Bridge

[debeninns.co.uk/wilfordbridge](http://debeninns.co.uk/wilfordbridge) 01394 386141 Wilford Bridge Road, IP12 2PA

## Whistlestop Café

[stationquesthouse.co.uk](http://stationquesthouse.co.uk) 01394 389320 Station Road, IP12 4AU



Pavilion Cafe



Christine's Patisserie



The Cherry Tree Inn



Suffolk Coffee Pod

Help is available in Woodbridge and Melton for anyone struggling to afford food for themselves and their family.

The Salvation Army operates a food bank which is open every Thursday morning in New Street, Woodbridge, IP12 1DT. Call Major Alan Hill on 01394 389591 or 07562 007125. Donations of tinned and dried food are always needed and can be made in The East of England Co-op, Hamblin Walk, Woodbridge, IP12 1AA as well as at Melton and Ufford Parish Churches in the labelled boxes.

There are also two Little Free Pantries in the local area where you can 'Give what you can, take what you need'. One is in the foyer of St Andrew's Church Hall, Station Rd, Melton, IP12 1PX which is open 10am - 5pm Monday to Wednesday. The second is located alongside St John's Church Hall, St John's Road, Woodbridge, IP12 1ED and is always open.



The Tea Hut